Celebrate Your Life

By Melissa Van Cleave

The possibilities are endless when we open to the deep level of eroticism that is inherent within us. Risking to reveal it brings a profound, passionate feeling that is imbedded from the inside out. The result is a constant longing to feel true erotic happiness.

Each experience in life that is noteworthy is stored in our memory bank as unforgettable, whether it is a fond or an unpleasant memory. We usually remember the bad and forget the good. So, how do we celebrate life in all of its glories and its imperfections?

First, it is vital to find out what is stopping us from being outrageously erotic in life. I love that expression, OUTRAGEOUSLY EROTIC. For me, it gets me in touch with my divine truth.

I ask my self: Am I living my full potential right now? What am I ruminating about that have my thoughts spinning endlessly, thus draining my energy? Who do I need to become to live a more exuberant, unbridled life at this very moment?

This practice brings forward the next piece that is ready to be transformed – that next part of me that is willing to be infused with divine eternal light. It is the fear of the unknown possibilities that usually stops us from feeling our deep-body. We are creatures of habit, slaves to what is known to us. It takes courage to unleash our deep intrinsic passion and turn the light bulb on in our erotic body. By freeing ourselves we release old patterns that keep us in our comfort zone. Feeling the fright and "doing it anyway"

is being outrageous!

We already know how to live erotic passion. It is our divine right to feel pure joy inside and out in our daily living. True bliss emerges when we risk being present in the here and now, with no attachment to the outcome.

Let your unique passion overflow and your zest for life will reveal itself. The ever-flowing ocean that explodes your imprints of possibilities lies before you. It is this innate presence of your soul that has the courage to open your erotic core. Do something different for yourself. Make your erotic presence visible. There is a grand part of you that already knows how to risk Celebrating Your Erotic Life. Just do it! Feel the true beauty in everything. Make your life a larger celebration.

This is my mastery, the gift of my creativity. As a sensual artist of the divine sacred feminine, I create with the purpose of opening the journey for others. Through paintings and writings I make visible that which is invisible. This empowers the deep core within others to shine with presence and risk living the possibilities that make us all OUTRAGEOUSLY UNIQUE!

The pulse of erotic passion lives in everything we touch, see and feel. Believing this means the excitement resides first inside us. Then the magic gradually brings us the courage to walk with excitement in the outside world, experiencing the true glory of our nakedness.

Melissa Van Cleave resides in Fort Wayne, Indiana, where she creates personal power



pieces, soul paintings and writings for a soulful purpose. Her work is sold worldwide. Melissa is a frequent visitor to Maui, and will be available for personal consultations here at the end of November. She can be reached at 260.414.4086 or visit www.visionsofecstasy.com.

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